



FAIRFAX PERIODONTAL GROUP
— PERIODONTICS AND DENTAL IMPLANTS —

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Diplomates American Board of Periodontology

Consent for Non-Intravenous Minimal Conscious Sedation

Patient Name: _____ Date: _____

Triazolam (Halcion), although usually prescribed as a sleeping pill, is a medication that can greatly minimize anxiety that may be associated with dental treatment. In a relaxed state, you will still be able to communicate with the dentist while you are having your dental procedure. Even though Halcion is safe, effective and wears off rapidly after the dental visit, you should be aware of some important precautions and considerations.

Please ask any questions, understand and sign this form prior to taking your pre-operative medication.

1. The medication that you have been prescribed is Halcion (Triazolam 0.25 mg). It is a short-acting drug in the benzodiazepam class. This medication has mild sedative and muscle relaxing properties. Dosage instructions will be given by your doctor, written on the bottle and should be followed exactly.
2. Because this medication is mildly sedating, it effects judgment and response time, and will make you sleepy. **Use of this medication in conjunction with dental treatment requires you to be escorted to and from your appointment.**
3. Side effects may include light-headedness, headache, dizziness, visual disturbances, amnesia, and nausea. In some people, oral Triazolam may not produce significant sedation.
4. This medication should **not** be used if:
 - * You are hypersensitive to benzodiazepines (Valium, Ativan, Versed, Etc.)
 - * You are pregnant or breast feeding
 - * You have liver or kidney disease

Please tell your doctor if you are taking any of the following medications as they can adversely interact with *Triazolam*: *nefazodone (Serzone)*; *cimetidine (Tagamet, Tagamet HB, Novocimetine, or Peptol)*; *levadopa (Dopar or Larodopa) for Parkinson's Disease*; *antihistamines (such as benedryl and travist)*; *verapamil (Calan)*; *diltiazem (Cardizem)*; *HIV drugs andinavir and nelfinovir*; and *alcohol*. Of course, taking recreational/illicit drugs can also cause untold reactions.

5. It is not necessary to fast prior to dental treatment with Oral Conscious Sedation; in fact, a light meal or nutritious shake is encouraged. After your procedure you will remain mildly sedated and should rest, preferably with a companion present, as you may be unsteady and could become disoriented.

Initials: _____

My signature affirms that I understand these instructions and am willing to abide by the conditions described in this document. I have had the opportunity to ask questions, and have had them answered to my satisfaction.

Signed: _____ Date: _____
Patient, Parent, or Legal Guardian (Must be 18 years of age or older)

Witness: _____ Date: _____